

APPALACHIAN
sustainable
DEVELOPMENT

2014 Workshops & Conference Schedule
Get your Green On...

Want to learn more about where your food comes from in 2014? If you're a small farmer, a community leader, an educator or a family gardener there is a workshop for you, (kids included)! Whether you're interested in a farm tour or a grower's workshop, there are lots of ways to connect with local folks that are involved in growing and raising your food.

Brought to you by Appalachian Sustainable Development, these workshops and conferences are designed for a variety of skill and education levels. Stay tuned for more information about cost, locations and times. (Registration is typically required. Schedules are subject to funding).

- 2/6/2014** **Southern Appalachian Plant Society Herb Group Meeting:** Exchange Place, Kingsport TN. Emily Lachniet, ASD Sustainable Forestry Coordinator will present a free talk on herbs. For info, contact: elachniet@asdevelop.org.
- 3/10 & 3/17/2014** **"Grow Your Own" morning sessions:** Ecumenical Faith In Action, Abingdon VA. Designed for families participating in the Grow Your Own program, also open to the public. Heather Jeffreys will teach about soil testing, garden design (mapping, planning and plant spacing) and transplanting schedules. 10:00am. For info, contact: hjeffreys@asdevelop.org.
- 3/13 & 3/20/2014** **"Grow Your Own" afternoon sessions:** Ecumenical Faith in Action, Abingdon VA. Designed for families participating in the Grow Your Own program, also open to the public. Heather Jeffreys will teach about soil testing, garden design (mapping, planning and plant spacing) and transplanting schedules. 5:00pm. For info, contact: hjeffreys@asdevelop.org.
- 3/22/2014** **Appalachian Farmers Market Association (AFMA) Spring Conference:** Slater Center, Bristol TN. Topics to include: farmers market planning/training, social media workshops. Non Timber Forest Product (NTFP) track: grafting workshop, (additional fees may apply) growing medicinal herbs, benefits of wood plants, and NTFP plant sale fundraiser. For info, contact: tmcnaughton@asdevelop.org.
- 3/24/2014** **"Grow Your Own" morning session:** Ecumenical Faith in Action, Abingdon VA. Designed to teach families participating in the Grow Your Own program, also open to the public. Learn about early crops and organic gardening. Discover gardens as an ecosystem: balance, awareness & observation; beneficial insects, pollinators, onion transplants & potatoes, lettuce & greens, transplants, seeds, introduction to seed saving, compost & fertility. 10:00am. For info, contact: hjeffreys@asdevelop.org.
- 3/27/2014** **"Grow Your Own" afternoon session:** Ecumenical Faith in Action, Abingdon VA. Designed to teach families participating in the Grow Your Own program, also open to the public. Learn about early crops and organic gardening. Discover gardens as an ecosystem: balance, awareness & observation; beneficial insects, pollinators, onion transplants & potatoes, lettuce & greens, transplants, seeds, introduction to seed saving, compost and fertility. 5:00 pm. For info, contact: hjeffreys@asdevelop.org.

- 3/31/2014** **Wild Foods Cooking Class:** SWVA Higher Education Center, Abingdon VA. Hands-on workshop extended from Trees that Feed Conference and part of the *Cooking Along the Crooked Road* series. Learn how to make ramp pesto, pickled ramps, elderberry syrup and blueberry jam. Hot water bath canning will be highlighted. \$35/person. For info, contact: elachniet@asdevelop.org.
- 3 or 4/2014** **Non-Timber Forest Products (NTFP) Riparian Buffer Plantings:** Copper Creek, Duffield VA. Hands-on planting workshop on 5 acres, extended from Trees that Feed Conference will be incorporated into one planting. For info, contact: elachniet@asdevelop.org.
- 4/7/2014** **“Grow Your Own” morning session:** Ecumenical Faith in Action, Abingdon VA. Designed to teach families participating in the Grow Your Own program, but open to the public. Learn about early crops and organic gardening. Discover gardens as an ecosystem-balance, awareness and observation; beneficial insects & pollinators, onion transplants and potatoes, lettuce & greens, transplants and seeds, introduction to seed saving, compost and fertility. 10:00am. For info, contact: hjeffreys@asdevelop.org.
- 4/10/2014** **“Grow Your Own” afternoon session:** Ecumenical Faith in Action, Abingdon VA. Designed to teach families participating in the Grow Your Own program, but open to the public. Learn about early crops and organic gardening. Discover gardens as an ecosystem-balance, awareness and observation; beneficial insects & pollinators, onion transplants and potatoes, lettuce & greens, transplants and seeds, introduction to seed saving, compost and fertility. 5:00pm. For info, contact: hjeffreys@asdevelop.org.
- 4/2014** **Planting Workshops:** Sprouting Hope Community Garden, Marion VA. Build it Up East Tennessee, Johnson City TN, Galax Elementary School, Galax VA or Steele Creek Park, Bristol TN. (Organizations received planting stock at 2013 Trees that Feed Conference to start edible parks and will be planting in the Spring, 2014). Tentative. For info, contact: elachniet@asdevelop.org.
- 5/2/2014** **Mid-Atlantic Garden Faire:** SWVA Higher Education Center, Abingdon VA. Deni Peterson from ASD and Blue Door Garden will discuss 4 season gardening. Learn about seasonal varieties of flowers and vegetables, trellis hints and simple season extension practices that home gardeners can use for year round gardening. 3:30pm. \$6 per day includes educational programs and demonstrations. For info, contact: dpeterson@asdevelop.org.
- 5/2014** **Native Plants Woods Walk:** Pinnacle, Lebabon VA. Short, scenic hike led by Ben Casteel, Appalachian Wildside farm and nursery. Ben will point out various medicinal, edible & ornamental native plants along the way. Growing NTFPs will be discussed. Cost & date TBA. Potential carpooling from Abingdon. For info, contact: elachniet@asdevelop.org.
- 7/21/2014** **Farm Tour Series #1; Who’s your farmer?** Locations, topics and costs TBA.
For info, contact: tmcnaughton@asdevelop.org.
- 7/28/2014** **#2**
- 9/22/2014** **#3**
- 9/29/2014** **#4**
- 10/20/2014** **Growers Workshops:** Locations, topics and costs TBA.
10/27/2014 For info, contact: tmcnaughton@asdevelop.org.
- 12/7/2014** **AFMA Winter Conference; Appalachian Heritage Seed Festival:** Slater Center, Bristol TN. If you enjoy planting new vegetables or flowers, want to learn about seed saving or swapping, plan to attend. For info, contact: tmcnaughton@asdevelop.org.