

2015



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July 2015

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GINA'S BERNINA SEWING, KNOXVILLE, MADE THIS QUILT BARN-INSPIRED QUILT FOR THE EAST TENN. SHOP HOP

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QUILT TRAIL NEWS

- ❖ Join us for the July 22nd old fashioned Bed Turning – see details inside. Hear stories, celebrate quilters and Appalachian handicraft, and support the Quilt Trail. If you cannot attend, consider making a donation to continue this volunteer-driven community non-profit endeavor.
- ❖ The **East Tennessee Shop Hop** chose a quilt barns theme for this year, which gave us excellent exposure since hundreds of quilting enthusiasts visited quilt stores June 4-13th and learned about the Trail
- ❖ Talented volunteers in downtown Greeneville have created and installed beautiful 8'x8' quilt blocks on **Greeneville Public Library; Greeneville Antique Market; Cave Law Firm** and more are on the way this year.
- ❖ Starting August 2015 we will have an **AmeriCorps VISTA** working full-time with the quilt sites to better serve them and the overall Trail.
- ❖ TN Arts Commission Arts Build Communities awarded a grant to develop a **quilt trail mobile app** for all tablets and mobile devices. The new version will be unveiled at the Bed Turning Benefit on July 22.
- ❖ We raised \$1000 from local businesses and First Frontier Quilters to design and print 20,000 copies of a **Kingsport Downtown Quilt Trail map**. Map cards are now available through out Sullivan County.



“In blocks all alike to the naked eye / And yet not quite, laid like soft green / Bricks, the patterning intricate and / Wise, she made her masterpiece /To the glory of God.”

Excerpt from *Sacred Stitches* by poet **Alice Loftin**, written about the 'In the Garden' quilt to be installed on Asbury Methodist, Greeneville

Thanks go
to our
wonderful
donors:

Lynice Broyles
Harvey Burniston
Joe DeLoach
Marcella Epperson
Dane & Mary Faulkner
Frank Gibson
Maria Gonzales
Jacob and Kelly Grieb
Jane Hillhouse
John & Holly Hope
William & Marilyn
Kearney
Shara Lange
Leah & Bradley Neas
George Prewitt
Doug Richardson
Cindy Saadeh
Roy & Amy Settle
Clara Thomas *in
memorial of Joe K.
Thomas*
Carol Transou
Bage Exchange
Heavenly Stitches Quilt
Shoppe
First Frontier Quilters of
Kingsport
Holston Habitat for
Humanity ReStore
Tennessee RC&D
Council
Soil Conservation
Districts for: Carter
County, Greene County,
Sullivan County, Unicoi
County, and
Washington County

An old fashioned
Quilt Turning

Featuring quilts and storytellers from
the Quilt Trail of northeast Tennessee

Wednesday, July 22

11:00am - 2:00pm

Farmhouse Gallery & Gardens

121 Covered Bridge Lane
Unicoi, TN

\$40

Reservations: (423)979-2581

Details: www.ARCd.org

*Sponsored by
Tennessee Quilts and QuiltFest*



A Bed Turning is an informal performance where quilts are stacked on a bed and storytellers peel back the layers as everyone gathers around. For more details call or go online.



Hosting an AmeriCorps member means an infusion of dedicated volunteer service to the community. They focus on giving back, and we focus on supporting their long term personal and professional development into leaders who care about healthy rural community.

Notes from the Field “Kids are inherently and intensely creative. Kids also love food. If we combine those characteristics, and give them the resources and knowledge, healthy eating habits will result. During a lesson I led on healthy food at the Coalition for Kids summer program, 60 kids were able to try new foods like cauliflower, pesto, and zucchini noodles. Afterwards, a second grader proudly declared to me that zucchini is a vegetable...and it even tastes good! He had no idea what a zucchini was prior to the lesson, but he walked away excited about a new, tasty food he had discovered. I believe that with nutrition, like all areas of life, knowledge is power. Empowering kids with knowledge and excitement about good food can create a generation of healthy, well-rounded adults who will empower *their* kids. This is my utmost desire for the kids I interact with during my time with the ARC&D this summer.” ~ **Brenna Fouts**

“With every event we can find time to make it to, we have gotten so much out of it. The networking of really good people in all this is invaluable, and inspiring. I have never seen something that so many can, and will, rally around.”

Jamie Dove

River Creek Farm and Main Street Pizza
Johnson City, TN



New partnership formed for a stronger local food system

A “food system” is the whole complex process of getting food from the farm to your dinner plate. This includes the farming, processing, transporting, selling, eating and waste. It involves those who have plenty to eat and those who too often go hungry. It is driven by you and me and anyone who purchases food!

The ARC&D has joined forces with *Jonesborough Locally Grown* and *Appalachian Sustainable Development* to work collaboratively on building a stronger regional food system that serves farmers and all who eat, thanks to a Local Food Promotion grant and a Rural Development grant, both from the US Department of Agriculture.

The partners have hired *Lexy Close* to full-time oversee the initiative out of the ARC&D office. So far we can report that together we have:

- Hosted 3 “speed-dating” events for growers to meet with restaurants and groceries and showcase their farm products. 75 attendees.
- Coordinated 4 field workshops on season extension & high tunnels, promoting ways to stabilize farm income year-round. 100 attendees.
- Hosted many different ways for growers to learn new ideas from other growers, through workshops, a conference and Friends of Ag breakfasts.
- Tabled and reached out to the general public at community events to raise the profile of local food and farms, given out several hundred Local Food Guides (published by Appalachian Sustainable Development).
- Worked hands on with children about eating healthy and farming. We have exposed approx. 400 kids to tasting fresh locally grown veggies.



Recognizing with gratitude:

AccelNOW

Appalachian Sustainable Development

Boone Street Market

Farm Bureau Washington County

Farm Credit Mid-America

First Bank and Trust Ag Lending

Greeneville-Greene County History Museum

Hillhouse Graphics

Jennings Accounting Group

Johnson City Country Club

Arvil & Lori Love

Mize Farm and Garden Supply

Tennessee Quilts

Joe Couch / Couch Farm

Matt Dobson / Preservation Farm

Robert & Wendee White/ Whites Mtn Meadow Farm

Harvey Bumiston / Mtn View Nursery and Landscaping

Johnny and Pat Lynch / Farmhouse Gallery and Gardens

Conservation Legacy/ Appalachian Coal County VISTA Team

Emerging Technology Center at East Tenn. State University

Office of Professional Development at East Tenn. State University

Walters State Community College



Emily Bidgood

Project and Development Coordinator.



Alexis Close

Local Foods Promotion Coordinator.



Brenna Fouts

AmeriCorps Summer Associate, Local Food Science intern.

Upcoming Events

- **June 29th** – Tour and Season Extension Workshop at Whites Mountain Meadow Farm.
- **July 22nd** – An old fashioned BED TURNING to benefit the Quilt Trail at Farmhouse Gallery and Gardens, Unicoi. *What's a bed turning? Details inside.*
- **October 1st** – Regional Food System Meeting for southwest VA and northeast TN.
- **October TBD (15/16/17th)** – Farm-to-Future Dinner, a fundraiser for a strong farming future.
- Friends of Ag will meet for a program and breakfast **every 3rd Thursday**, 7:00-8:00am, Jonesborough Farm Bureau (1103 Boones Creek Rd), September through December.

DETAILS: www.ARCD.org

facebook.com/AppRCD



VISIT ARCD.ORG TO SIGN UP FOR OUR 2 e-NEWSLETTERS FOR STORIES, EVENTS AND MORE:
"THE FAT QUARTER: NEWS FROM THE QUILT TRAIL" AND "WHAT'S LOCAL TRICITIES"

Appalachian RC&D Council
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