

Our region has a long history of farm self-sufficiency and unique foodways...

Join our energetic, forward-thinking, volunteer-based community of farmers, gardeners, food businesses and food lovers **working to preserve cultural heritage, promote the local farmer, and increase access to local food for all.**



The **Appalachian-Northeast Tennessee RC&D Council** is a 501(c)(3) chartered in 1994. We serve a region with a poverty rate higher than the national average and we believe that **conservation of our natural resources leads to regional prosperity.** For 22 years our approach has been to tackle economic development through direct service to small and medium-sized farm entrepreneurs.

We work alongside community members/partners to make things happen and are proud to have been instrumental in developing key projects such as:

Snapps Ferry Meat Packing

The Trail of Quilt Barns and downtown Quilt murals
Johnson County High School's Aquaponics

Several area Farmers Markets

Field School for beginning Farmers

Tweetsie Trail & other Greenways

We welcome new projects from the community...

Beginning Farmer Training Program

New to the region!

A 10-month training program, providing northeast Tennessee with comprehensive resources and a network of support to start farming or transition to the next generation of sustainable family farm ownership.

In a region where Agriculture is a key economic driver, yet 1 in 5 of us live in poverty, growing farm business can address economic development, jobs, nutrition, and land & water conservation.



"We hope to learn from elders in the field. We hope to meet people that will share their wisdom. We are so excited there is an effort to support this type of education and effort to target the younger generation."



Backyard and Urban Market Gardens for Johnson City and beyond



A volunteer-driven initiative, fiscally-sponsored by the Appalachian RC&D Council, to improve the health of our community and economy and preserving our region's cultural heritage through the promotion of sustainably grown food.

- **Supporting 25 families with training, tools, supplies, and year-round mentoring on organic growing and selling to markets.**
- **Maintaining 3 downtown Johnson City Food Forests: edible community parks that are positive forces for neighborhood change.**



- **Providing support for community gardens that we helped start in Unicoi and Carter.**
- **Hosting classes for adults and youth on organic gardening, seed saving, cooking and food preservation.**

Come Grow with us!

Donate

Your contribution is tax-deductible and makes a difference here, where we all call home.

Name _____

Address _____

Phone _____

Email _____

Make donations payable to 'Appalachian RC&D Council'

I am enclosing a donation of \$ _____

For a specific program? _____

I would like my donation to be...

In tribute of: _____

In memorial of: _____

YES—Contact me about volunteering: _____



At left: Kids at a community garden funded through our grants.
Below: Field School students during crop exercise; Partnering with Appalachian Sustainable Development's Eastman farmers market; Quilt Trail volunteers and Barn.



Appalachian RC&D Council
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Stay Informed

Sign up for our quarterly email-newsletters:

"What's Growing TriCities" is the region's multi-organizational news piece on local food and farm news.

Find us on Facebook:

[Facebook.com/AppRCD](https://www.facebook.com/AppRCD)

[Facebook.com/BuildItUPEastTN](https://www.facebook.com/BuildItUPEastTN)

"With every ARC&D event we make it to, we get so much out of it. The networking of really good people is invaluable, and inspiring. I've never seen something that so many can, and will, rally around" - Jamie Dove, Main Street Pizza & River Creek Farm

Volunteer

- ✓ Work in the downtown Food Forests and other gardens
- ✓ Write stories for the press or newsletters.
- ✓ Graphic design / web design
- ✓ Intern with us on a rewarding independent project
- ✓ Your talents—we can use 'em!
- ← Call or email us.